

Peach

Toenail Fungus Specialist

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Peach Medical Group

Health and Wellness Center located in Yuma, AZ & Tucson, AZ

Discolored, brittle nails could be a sign of toenail fungus. Toenail fungus afflicts 15% of Americans, plaguing athletes and fitness buffs in particular. Peach Medical Group in Tucson and Yuma, Arizona, offers a laser solution to eliminate fungus with laser light. The treatment isn't painful and avoids the need for harsh chemical creams. Find out more by calling today or booking a consultation online.

Toenail Fungus Q & A

What is toenail fungus?

Toenail fungus is common, affecting about 15% of Americans. The fungus occurs when microorganisms enter the skin around your toes, typically when you stub your toe or through some minor injury.

As the fungus spreads, your toenails become discolored and brittle, among other symptoms. It's best to seek prompt treatment from Peach Medical Group to save your nail and prevent the fungus from infecting additional toes.

How do I know I have toenail fungus?

You may have this condition if your toenails are showing some of these signs:

- Thickened nails
- Yellow-brown or white areas of discoloration
- Crumbling or brittle
- Distorted in shape
- Darkened color (due to the buildup of debris under your nail)
- Foul smelling

Although nail fungus affects fingernails, it's more common in toenails.

Who is at risk for toenail fungus?

Athletes and fitness buffs tend to get fungal infections because their physical activity increases their chances of toe injuries that may lead to infection. Spending time in moist environments, such as public swimming pools, public showers, and locker rooms, also raises your risk of toenail fungus.

The infections also are more common if you have diabetes or have insulin resistance.

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- Fluconazole

Although these methods are considered the gold standard because of their high success rate, the toxicity of these medications may lead you searching for alternatives. Peach Medical Group offers a nontoxic laser solution to treat toenail fungus by heating it with an intense light beam. The light destroys the fungus, and then your body expels it.

What is nail fungus laser treatment like?

You feel sensations of heat followed immediately by coolness during your laser treatment. Most patients say it isn't painful.

Your toenail treatment takes only about 15 minutes. Your provider recommends three treatments spread out over time. You have your second treatment about two weeks after the first treatment, then your third treatment around two weeks after that.

After this series of treatments, your provider recommends coming back after six months to see if the fungus has returned. To stop the spread of nail fungus today, call Peach Medical Group, or book a consultation online.

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4.87 / 5

★★★★★

(46 reviews)