**One Million Steps: Lessons from a Legendary Hike**

Stretching 500-miles across the northern part of Spain is the Camino Francés of the Camino de Santiago. A pilgrimage to the Spanish city of Santiago de Compostela.

It was by fate that I found this path and it became one of the greatest adventures of my life. Over a million steps crossing the rugged Pyrenees and spanning undulating plains before winding through lush hillsides. The path was a unique window into historical, natural and cultural beauty, but even more than that, it was a walk into more depth within my own being. It became a journey of healing and self-discovery.

The many gifts, lessons, and miracles that I came to discover along this path allowed me to see how the path mirrors our journey to any destination we have in mind. Arriving at Santiago de Compostela, I was transformed and the gifts the path brought me was more than I ever thought was possible.

In this book, I tell the story of that adventure as well as the countless powerful lessons I learned in the hope that it may of service to you. May the lessons I learned shine more light on your journey to whatever destination that may be pulling at your consciousness at this moment.

*Buen Camino* – Good Way to You.

**About the Author:**

Ngan H. Nguyen has built her platform of a vision-driven life after 10 years of experience working as a business strategy advisor in Fortune 500 companies and at McKinsey & Company. Combining her advisory experience with her passion for spiritual principles of success, she now empowers entrepreneurs, change-makers, and leaders to step into their truth and bring their unique vision to life. Enabling them to change their lives, revolutionize their work, create greater impact in the world.