Referral Partnerships

Because Together We Achieve More

We are here to help our clients get back on their feet.



Let’s combine our skillsets so we can achieve even better results.

About Us:

COURAGE INSPIRATION FUN CREATIVE WOW TEAM

**Courage** gives us the strength and confidence to take risks and embrace challenges

**Inspiration** is our energy, our fuel for success, that life force that feeds us as we grow and develop.

**Fun** generates happiness, and we all function at our best when we are happy.

**Creativity** sets us as an innovative leading-edge business.

**Wow** means being the very best we can be and realise our true potential. We are not your average business, our service is not average, and our people are not average.

**Team** and in particular high-performance team means we perform at our very best. Great teamwork creates unity and we accomplish much more than each of us alone.

At The Foot Clinic, we are passionate about building strong postural foundations, from the feet up.

The top 3 things our clients love about us (and hopefully yours will too!):

1. Positive energy, enthusiasm and outcomes

NPS average score >9 out of 10

1. Trusted leader in the practice of podiatric medicine

established 1999, elite experience, latest high-tech equipment

1. Focus is on strong feet, not just orthotics!

EBFA Barefoot Technology, Anatomy Trains, Foot Manual Therapies

Our Team:

**Dr Suresh Sivacolundhu (Principal Podiatrist)**

**Dr Lauren Merritt (Senior Podiatrist)**

**Dr Harriet Berman (Podiatrist)**

**Dr Aloysius Ong (Podiatrist)**

**Shari Norrish (Practice Manager)**

**Vicki Thomson (Front Office Administrator)**

(photos, contact details)

The Foot Clinic Way

Our pathway to strengthen postural foundations, to create lasting changes for freedom of movement, and ultimately keep us going well beyond what we thought was possible (updated as research and tech changes).

Fix Your Feet

1. **Fix** the pain

Provide analgesia

Reduce inflammation

Corn/callus/foreign body removal

Ingrown/thickened toenail repair and maintenance

Surgery

1. **Protect** the feet (reduce damage, optimise stability, promote healing)

Reduce tissue damage

Optimise Foot Posture

Activate neuromuscular/reflexive balance stability

Promote tissue repair/cellular regeneration

1. **Strengthen** the feet (increase strength and resilience)

Strengthen intrinsics

Connect foot strength to core strength

Stimulate neuromuscular strength

Biohack Your Body

1. **Protect** the whole body (stability)

Optimise Postural Alignment

Activate neuromuscular/reflexive balance stability

Customised corrective exercises

Improve cellular regeneration

Optimise nutrition/healthy gut

Optimise healthy mind

1. **Strengthen** the whole body (strength, elasticity)

Strengthen the deep core (stabilisers)

Strengthen the outer core (mobilisers)

Increase fascial elasticity/strength

Increase functional strength

Increase endurance

Customised nutrition for specific performance

Improve psychological resilience

1. **Repeat** consistently

Our Team Achievements:

* Director, Sports Medicine Australia (SMA)
* Director, Australasian Academy of Podiatric Sports Medicine (AAPSM).
* External Advisor, UWA Podiatric Medical Unit
* EBFA Level 1 Barefoot Rehabilitation Instructor
* Foot Manual Therapies trained
* Anatomy Trains trained
* Class 3b Laser Certified



Referral Partners Required:

* Massage therapists

Deep tissue and remedial massage

Therapeutic massage

* Fascial therapists

Anatomy trains fascial releases to reset the alignment of the whole body

* Physiotherapists

Pain relief, protect and strengthen both lower limb and upper limb

* GP, Sports Physicians

General health, diagnostics, treatment support, prescription medications

Specialist referrals

* Osteopaths and chiropractors

Mobilisation and manipulative therapy for the spinal column and limbs

* Dietician and nutritionists

DEXA scan for bone density/lean mass/fat mass

Optimising gut health and nutrition - You are what you eat!

* Psychologists/psychiatrists

Sometimes our physical body cannot get better until we optimise a healthy mind

* Personal trainers, Pilates and yoga instructors

Create awesome body strength, flexibility and resilience

* Surgeons

When conservative methods are ineffective, surgical intervention works well.

TFC LOGO SMA LOGO AAPSM LOGO ANATOMY TRAINS LOGO EBFA LOGO HIVE LOGO