

# THE FOOTPRINTS FORWARD PROGRAM

**IGNITE YOUR SOLE!**

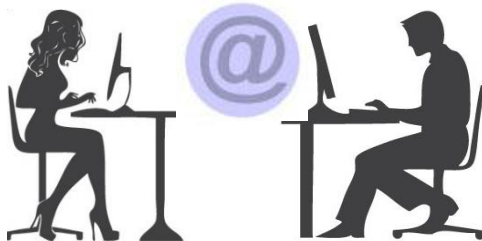
**SOLE ALIGNMENT**



**WORKPLACE LIFESPACE PLANNER**

Sole in Motion Monthly Goals & Weekly Task Tracking

**WHO DO YOU WANT TO BE?**



**PROFESSIONALLY**

**VIRTUALLY**

**PERSONALLY**

Employer Values, Work Skills,  
Education, & Expertise

Search Engine Image, Avatars, Social Media  
Profiles, & Online Blogs

Religious & Spiritual Beliefs, Personal  
Values, Passions, & Hobbies

**WHO ARE YOU?**

**COLOR / SYMBOL**

**PROFILES**

**IMAGE**



**PERSONAL VALUES**



**PERSONAL DESCRIPTORS**



**PERSONAL INTERESTS**



**PROFESSIONAL VALUES**



**PROFESSIONAL DESCRIPTORS**



**PROFESSIONAL SKILLS**

