


# hey, HIIT FITNESS buddy

We really enjoyed having you as a guest at  HIIT FITNESS,  
and we hope you enjoyed your time here too. ***We want you back!***

Join now and receive zero initiation fee and free one-month buddy  
pass, because you're our buddy.

Call us today and mention this email to take advantage of this special offer.



# 916.456.HIIT

Click [here](#) for more information about HIIT Fitness including class times and personal training information.  
Offer ends March 31. Buddy pass expires one month after sign up.