

“Exercise is the key to long-term management of most medical conditions” ~ Michael K Jones, PhD, PT

We offer management of the following conditions and more:

Diabetes	AC Joint Separation
Hypertension	Fibromyalgia
ACL Rupture	Spondylothesis
Ankle Fracture	Parkinson's Disease
Bicipital Tendonitis	Tibial Plateau Fracture
Total Hip Replacement	Tennis Elbow/Golfer's Elbow
Total Knee Replacement	Carpal Tunnel Syndrome
Spinal Stenosis	Total Shoulder Replacement
Multiple Sclerosis	Bicipital Tendonitis
Shoulder Dislocation	Patello-Femoral Syndrome
Scoliosis	Rotator Cuff Syndrome
Osteoporosis	Cervical Strain
Osteoarthritis	Impingement Syndrome
Cervical disc herniation	Laminectomy