

# *Conversations*

# I

*Ugh...*

*What am I doing...*

*I can't keep living like this.*

...

*Why can't I just stop...*

*This is... misery.*

*This...*

*...hurts.*

...

*What do I do?!*

...

## II

*What do I do with my life?!*

***Well, first you have to really ask what is your life?***

*Go away.*

*I wasn't talking to you.*

*I've told you before, I don't need you.*

***You'll eventually need to listen to me else you'll keep feeling like  
this.***

*No!*

*You only come when I'm in pain.*

***What's wrong with pain?***

*Anything born from it can not be a friend of mine.*

***Trust me, I'm your only friend.***

*Yeah... right.*

*What are you doing here?*

***I'm here to help.***

*Hah, how?*

*Who are you?*

*You can't help me.*

***I am you.***

*No.*

*I am me.*

***Well I'm glad you have figured that out.***

***So am I.***

*Ha..*

*So... you're saying I'm talking to myself and you're me?*

***Precisely.***

*That's nonsense.*

***No, that's the magic of being conscious.***

*By your logic then I'm also my own friend.*

***You're a fast learner.***

*Whatever...*

# III

*What is your life?*

*What does that even mean?*

*I'm helping you.*

*Admit it.*

*You need help.*

*Ok, Ok.*

*Then, answer it.*

*What is your life?*

*I guess it is my experience of the world.*

***Just the world?***

*Ok, the universe.*

***Just the universe?***

*Argh.*

*What's greater than the universe?!*

***I don't know.***

***Do you?***

*No!*

*You're the one asking the questions!*

*The universe is the greatest thing in reality!*

***Ah... reality.***

*Huh? ... Oh.*

*Ok, fine.*

*Reality.*

***So your life is your experience of reality?***

*Yes, sounds about right.*

***What about another person's life?***

*Well that's their experience of reality.*

***Are you saying each persons experience is subjective?***

*... I guess so.*

***So your life is a completely subjective experience of reality?***

*Hang on.*

***Mmm..?***

*What is real?*

***Finally...***

*!.. What?*

***About time you asked something useful.***

*...*



# IV

*So how do you know if something is real?*

*Easy.*

*I can see it, feel it, smell it, hear it.*

*Does that make it real though?*

*That's just your subjective experience.*

...

*What if you were colour blind and couldn't see the colour red?*

*Is the colour red still real.*

*Yes, because other people can see it.*

*But you don't even know what they are talking about.  
You don't even know what red is.*

*They can see it though.*

*But how would you know what they're talking about?  
How would you even know they're being truthful?*

*I wouldn't.*

*I guess I would never know what I was missing out on.*

*Or, even if I was missing out.*

*Exactly.*

*Ok.*

*What does that have to do with reality?*

*... Think.*

*...*

*...*

*I guess I'll never know what is truly real because I'll never know if  
something else exists outside my experience?*

*Aren't you catching on quickly.*

# V

*Really.*

*Who are you?*

*I'm your other half.*

*I don't have another half.*

*I'm often misunderstood.*

*?*

*You could say I'm your darkness.  
The side you don't want to acknowledge.*

*You're evil?*

***No.***

***Not exactly.***

*You are!*

*What is darkness of the soul if not evil!*

*I do not need you.*

***You need me more than you know...***

*Just... just leave me alone.*

# VI

*So what do you want to experience?*

*What do you want to do?*

*I told you to leave me alone.*

*You need me.*

*Let me help.*

*You need me to answer your original question and I need you to  
find it.*

*Why do you need me to find it?*

*So you understand my value and let me in.*

*I need to breathe too.*

*If you don't you will perish, and me along with you.*

...

***So?***

*Well... there is a lot I want to do...  
I don't think I could fit it all in one lifetime...*

***What makes you think your life is finite?***

*What?!*

***Never mind.  
A question for another time...***

...

*Everything I want just takes so much time.  
I don't even know if I want these things.*

...

...

*Where are your answers?  
I thought you were meant to be helping me?*

***I never said I had all the answers.***

*How convenient.*

***I'm only one part of you.***

***As you are one part of me.***

***We need each other.***

***I only have the questions and answers that you don't.***

***You have what I do not.***

*Fine.*

...

...

***How about you look at it another way?***

***What don't you want to experience?***

*That's not such a bad way to look at it.*

***Here to help.***

...

*When it comes down to it.*

*I guess the only thing I really don't want to feel is misery...*

*Huh... Ironic.*

*You're only here when I'm suffering.*

***I told you.  
I'm here to help.***

*Yes! That's it, I want to avoid pain.*

*What now?*

*I know what I want, or more accurately, what I don't want.*

***What do you want?***

*I want to minimise pain during my subjective experience of reality.*

***Hah!  
You're not asking much are you?***

*No, but it's the best answer I've got.*

***Hmm...  
No small task.  
We have an answer, though.***

*... Yeah.*

*Thanks, I guess...*



# VII

*Argh...! I can't figure this out.*

*How do I do this?!*

***Hah... Ok.***

***Let's get this straight.***

***We want to act in a way that ...***

*... minimises the pain we subjectively experience during our  
conscious experience of reality.*

***Thank you.***

***Yes.***

*What!?*

*Wait.*

*... We?*

***Yes.***

***We.***

***I am you, you are me and we are our only friends.***

***Remember?***

*Right.*

*We need each other.*

***Right.***

*So...*

***We could never truly trust what other people tell us to do...***

***Their lives, I think, are just subjective experiences like ours.***

*Yeah, how would they know what would work for us?*

...

*I guess then...*

***... the only way forward...***

*... is to see what works...*

... for ourselves.