

# OUR SERVICES

Our professional team is here to help you, no matter what your situation is.

- ✓ **EXERCISE PHYSIOLOGY**
- ✓ **PHYSIOTHERAPY**
- ✓ **KIDS PROGRAMS**
- ✓ **STRENGTH CONDITIONING**
- ✓ **GYM MEMBERSHIP & CLASSES**
- ✓ **CHIROPRACTOR**
- ✓ **DIETITIAN**



INTRODUCTORY OFFERS

## FREE 7 DAY TRIAL

## MEMBERSHIP \$99.95

SAVING OF OVER \$159.85

**KICK  
START**




### MEMBERSHIP INCLUDES

- ✓ Free introductory session
- ✓ 3 personal training to help get you started
- ✓ Ongoing 8-weekly assessment with health professional
- ✓ Month of 24/7 access
- ✓ Group Classes
- ✓ \$10 cafe voucher
- ✓ On going support
- ✓ Optional Programs and personal training



## Activ8 Health Club

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