

# Nutrition Facts

Serving Size 4 (28g)  
Servings Per Container 1

Amount Per Serving

**Calories** 190

	% Daily Value
<b>Total Fat</b> 9.2g	18%
Saturated Fat 2.28g	46%
Trans Fat 0.13g	
<b>Cholesterol</b> 19mg	38%
<b>Sodium</b> 84.4mg	169%
<b>Total Carbohydrate</b> 27.07g	54%
Dietary Fiber 7.2g	29%
Sugars 11.5g	
<b>Protein</b> 5.95g	12%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g