

NUTRITION INFORMATION

SERVINGS PER PACK: 4

SERVING SIZE: 70g

	Average Quantity per Serving	Average Quantity per 100g
Energy	910KJ (217Cal)	1300KJ (311Cal)
Protein	5.7g	8.1g
Fat, Total	5.7g	8.1g
- Saturated	2.4g	3.4g
Carbohydrate	34.7g	49.5g
- Sugar	3.0g	4.3g
Sodium	404mg	579mg

Ingredients

Wheat Flour, (Folic Acid, Thiamin), Water, Vegetable Oils [antioxidant 306 (From Soy) or 320, 319], Sugar, Gluten, Yogurt Powder, Iodised Salt, Humectant (422), Mineral Salts (500, 450), Food Acid (297, 200), Cultured Dextrose, Vinegar, Yeast, Preservative (282, 202), Vegetable Gum (412), Emulsifier (481, 472e), Corn Starch, Nigella Seeds.

CLASSIC
Indian
GARLIC NAAN
4 per pack
280g NET
CLASSIC
Indian

HEATING INSTRUCTIONS

CONVENTIONAL OVEN: Preheat oven to 200°C. Remove all packaging. Sprinkle the Naan with water and wrap in foil. Place on a baking tray on the middle oven shelf and heat for 10 minutes.

GRILL: Preheat the grill to the moderate heat. Remove Naan breads from packaging and place on grill pan. Sprinkle with water and grill for 2 minutes, turning once.

MICROWAVE: Microwave each Naan for 30 seconds on high.



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