***MyMenu***

***MyFace***

**Seasonal Facial 45 minutes $75**

An enjoyable, aromatic treatment to reflect the fruits of the season. Whether it is spring/summer or autumn/winter, it will leave your skin revitalised and nourished.

**Customised Ampoule Therapy 60 minutes $95**

Enjoy a personally customised facial treatment. Incorporating deep cleansing, an intensive ampoule complex, steam, mask and relaxing massage. Appropriate for all skin types and addressing all skin concerns, your skin is left feeling rejuvenated and relaxed.

**Advanced Hydration Anti-Ageing 60 minutes $125**

This high performance tailored solution with incomparable hydrating power, offers immediate long lasting anti-ageing effects - through exceptional ***Cosmeceutical*** active ingredients which Exfoliate, Rehydrate, Regenerate, Plump and Rebalance.

**Collagen Anti-Aging 75 minutes $140**

Fights loss of elasticity and wrinkles, this patented anti-ageing treatment combines an exclusive ***cosmeceutical*** complex with anti ageing actives and is customised according to the specific needs of the skin, at various stages of ageing.

**Brightening Resurfacing 75 minutes $140**

This treatment delivers ***cosmeceutical*** lightening answers for ageing, sallow, asphyxiated and skins lacking radiance. Offering Resurfacing and Vitamin C ingredients - targeting improvement of collagen and structure, reduction of uneven pigmentation, and increased oxygenation and illumination.

**Anti Wrinkle Enlivening Eye Treatment Enhancer $25**

Enhance any facial with this intensive salon-only treatment - using science, nature, a specific massage and active ingredients to assist in alleviating the visible signs of ageing. Fine lines are smoothed by re-hydrating and protecting. Dark circles appear lightened and puffiness is reduced.

**O Cosmedics Pro Dermal Planning Series**

Dermal planning skin treatments are available to transform the skin and achieve cell optimisation. Based on medical strength actives, pure, chiral ingredients, biomimetic and encapsulated carriers - Pro Dermal Planning Treatments offer intense skin changing results, skin youth, health and radiance. These peels can be partnered with IPL treatments for exceptional results.

**Catalyst Retinol Peel 45 minutes $160**

The perfect Vitamin A anti-aging peel, perfect for all skin types looking for skin health, repair and correction.

**Oxygenating Enzyme Peel 45 minutes $140**

The perfect peel for all skin types, an instant pick me up to awaken, renew and smooth even the most tired skins.

**Bio-White Peptide Peel 45 minutes $140**

High strength vitamin C and peptide peel, especially for pigmented, uneven skin tone, dull and devitalised skins.

**Alpha-Beta Peel 45 minutes $140**

“The Serious” resurfacing peel, perfect for skins looking for intense skin correction and transformation.

**MyDermalRolling (also known as Collagen Induction Therapy)**

History tells us skin needling is originally derived from ancient acupuncture techniques, and was developed in the early 1990s by a team of plastic surgeons, medical engineers and dermatologists. Skin-inject DNC Derma Roller is a non-invasive procedure which utilises small rolling discs containing microscopic needs ranging in size from 0.25 to 1.5mm depending on the model used. Tiny puncture channels are created within the epidermis and dermis to encourage an organic renewal and regenerating response. There are no injections, incision, or stitches.  
  
Designed to address the visual management of Skin Rejuvenation; Topical Product Infusion; Ageing/Wrinkles; Pigmentation/UV Damage; Acne Scarring; Scarring; Enlarged Pores; Seborrhoea.

**At Home:** the skin-inject homecare Derma Roller should be used 2-3 times a week. Treatments can be performed in as little time as a few minutes and the device will last up to 6 months before a replacement is required. Retail $79.95.

**Clinical:** after a thorough skin analysis, a MySkinSpa Specialist will prescribe a personal course of needling treatments appropriate to the skin conditions being treated. Ideally treatments are performed every 4-6 weeks to ensure maximum results. Each clinical appointment will last approximately 2 hours. Please bring along a hat and scarf to protect your skin after treatment, as no sunscreen can be applied.

**Single Treatment $350**

**Pre-Purchase a course of three treatments for $850 (a saving of $200)**  
**Oxygenating Enzyme Peel is recommended 5 days post Clinical Dermal Roll $140 each peel or prepaid $360 (a saving of $60).**

**MyLEDPhototherapy**

inskinLED is Australian Made and offers intelligent skin technology SECOND TO NONE!  
  
The smart light from the visible light spectrum treats serious skin conditions with specific wavelengths which transmit their own frequency and vibration to stimulate a healing response, offer cellular rejuvenation and cell rebalancing. This is definitely a skin modality that dares to go where no other can.  
  
LED photo therapy is based on cold laser technology therefore is safe, cannot create thermal damage and hence is suitable for all ages, skin types, colours and serious skin conditions. It is back by over 22,000 white papers and is heavily used by the medical market.  
  
The effects are cumulative - this cutting edge treatment can target Acne; Rosacea; Psoriasis; Redness; Sun Damage; Anti-Ageing.

**A single treatment is $60 and will take 30 minutes  
A monthly pass can be pre-purchased for $350 and allows up to 3 treatments per week for four weeks commencing from the date of purchase  
LED can also be added on after any of our facials or peels for $40**

***MyBody***

**Signature Massage Therapy 30 minutes $ 55**

**60 minutes $ 85**

**90 minutes $125**

Experience a soothing and deeply relaxing massage to relieve muscle tension, reduce stress and anxiety, boost energy levels and rejuvenate your mind and body.

**Aromatic Body Treatment 45 minutes $85**

A delicious treatment combining tropical fruits & floral extracts in a *limited release* renewed each year. Begin your spa ritual with an exfoliating scrub combining to smooth and energise the skin… then enjoy a relaxing massage with an aromatic blend with a delightful combination of fruit and floral essences.

**Oriental Stone Ceremony 60 minutes $109**

**90 minutes $149**

Aromatic Stone Therapy is designed to re-harmonise the whole person. The techniques used combine various philosophies and treatment methods to leave you relaxed, revived and with a complete sense of wellbeing.

**Customised Spa Massage Ritual 60 minutes $110**

Create your own personalized sensorial spa experience by choosing from three exquisite aromatic blends (Lemon & Petitgrain, Orange & Cedarwood or Vanilla & Sandalwood) together with your choice of preferred massage product (a cream, oil or wax). Begin your spa ritual with an exfoliating Sugar & Salt scrub combined with your personalised aromatic essence to smooth and energise the skin… then enjoy a relaxing massage with your aromatic blend of choice.

**Hanakasumi Spa Ritual 60 minutes $130**

A nourishing and relaxing body ritual inspired from Japanese tradition to protect and embellish the skin with Asian fragrances and protective emollients. Warmed cherry blossom rice powder exfoliant and aromatic shea butter with deep foot massage relaxes you, leaving the outside world behind and sending you on a sensual voyage through orchards of cherry trees in bloom!

***MyIPL***

**ADENA SPL HAIR REMOVAL**

2 x faster than any other machine in the world - with Patented White, Blonde, Red and Grey Hair Removal.

*MySkinSpa* Birkdale is using the latest in medical grade SPL Hair Removal technology in Australia. Manufactured in Europe by a leading IPL company – EuroFeedback - their engineers work closely with doctors and medical teams in order to develop phototherapy concepts - validated by clinical trials.

**ADENA SPL**

Treatments which are **fast, safe** and **effective**

In removing unwanted hair for **All Skin Types**

Patented Technology

4-10 sessions are recommended every 6-8 weeks, depending on the hair growth cycle. Due to the nature of this treatment, an exact result cannot be predicted and we cannot guarantee results as they vary from person to person. Light hair removal protocols attract further costs due to the nature of the treatment. Book your complimentary consultation today to discuss your hair removal needs today

Prices starting from $45 (full list of prices on our website)

***MySkinRejuvenation***

Photo-Tenseur® and Anti-age

* Reduces wrinkles and Fine lines
* Stimulates the production of collagen and elastin
* Firms and tones skin, harmonizes the complexion

Photo-rejuvenation

* Reduces the effects of ageing
* Rosacea, Capillaries
* Wrinkle Reduction

|  |  |
| --- | --- |
| A course of treatments will be recommended by your IPL Specialist, intervals between treatments will depend on what the target condition being treated is – for example pigmentation, rosacea etc. Book your complimentary consultation today.  Prices starting from $95 (full list of prices on our website) |  |

***MyHands&Feet***

MySkinSpa introduces Victoria’s Essentials (T). This Australian company utilises only the highest quality natural, botanical based local ingredients.  Materials are recycled and recyclable wherever possible.

**Pedicure 45 minutes $60**

A standard pedicure which includes nail trim, shape and buff, cuticle treatment with removal of built up skin, feet exfoliated – finishing with polish of your choice.

**Spa Pedicure Ritual 60 minutes $85**

Let your therapist take you to another plain of existence with this decadent treatment of your feet and lower legs with a soak, scrub, massage, and mask, removal of dead skin, cuticle work, buff and polish.

**Gel Toe overlay (full set) 30 minutes $55**

Keep pedicures looking fresh and clean and prevent chipping.

**Spa Pedi with gel toes 90 minutes $125**

**Refills (6-8 weeks) 30 minutes $45**

**Manicure 45 minutes $50**

**Spa Manicure Ritual 60 minutes $65**

**Add EcoSoy (paraffin alternative) $15 French finish $10**

***MyEssentials***

***MyEye’s***

Your eyes are the most expressive part of your body hence the saying “Your eyes are the gateway to the soul” – let us help you with your eye essentials.

**Eyebrow Tint (with facial $10) $15**

**Eyelash Tint (with facial $15) $20**

**Eyebrow Design $20**

**Eyelash and Eyebrow Tint $30**

**Eyelash & Eyebrow Tint, Eyebrow Design $40**

***MyWaxingLadies***

Lip $15

Chin $15

Eyebrow & Lip $30

Any 3 $36

Full Face $42

Underarm $20

Forearm $30

Full Arm $36

Bikini $25

G String $35

Brazilian $65 1st

Brazilian $55 thereafter if 4-6 wkly

Half leg $35

¾ leg $40

Full leg $49

Upper leg & Bikini $48

Full leg & Bikini $60

***MyWaxingMen***

Chest or back $45

Brow $15

Nostrils $15

Nostrils/Mono $25

Full arm $45

Full leg/Speedo $65