Total Life Solutions is a recovery support and lifestyle service committed to improving the quality of you or your loved one’s life and to maximize the ability to flourish.

Once we step into action and create your specific plan, you or your loved one will have a meaningful roadmap forward to recovery, sustained health and success.

Services

-sober companions

-life coaches

-recovery planing consultation

-case management

-individualized support

-community, work, school, family reintegration

-discreet services

Problems

-Alcohol and drug, dependency and abuse

-Dual Diagnosis

-Traumatic Brain Injury

-Mental Health, etc