*The Facilitator*

*Stephen Morell has achieved many things in his life, a successful business person, NRMA Volunteer of the year, Channel 7 Saint of Sydney, Central Coast local hero, nominated Australian of the year twice, just to mention a few*

*A life coach to celebrities, business people, families and young people for over 10 years, Stephen has the ability to change lives*

What is Life Coaching?

Life coaching is a process that is designed to bridge the gap between where you currently are in life, to the level you *really* want to be playing at.

Just like anything in life that you want to improve, hiring the help of a professional is the fastest and most effective way to get results. If you wanted to be the best you can be at playing sport, you would hire a coach. .

Youth Life Coaching Program

This Life Coaching Program is designed to teach social skills to many different types of children, with the activities intended to help children in every aspect of their social development, as they relate their peers, their parents and their teachers and care givers.

While many activities can be used with just one child, it is hard to argue with the concept social skills are best learned in a social environment, there is also a component on leadership and self worth, also including a section on community awareness and goal setting

**Program Outline**

\* Communication

\* Self esteem

\* Nonverbal communications

\* Expressing your feelings

\* Caring about yourself and others

\* Problem solving

\* Listening

\* Standing up for your self

\* Managing Conflict, Bullying

\* Goal setting

\* Child / Parent relationship

\* Leadership

*Teacher Comments*

“ The Students became more resilient and their self esteem grew each week “

*Young People’s Comments*

**Chloe:**

“ I didn’t know what a goal was until I did this program “

**Tom:**

“ My folks got shocked when I cleaned up my room without being asked ”

**Sara:**

“ I have more confidence now “

**Emma:**

“ I learned people are all different but also the same “

**Nick:**

“ I want to do another program like this “

**Lisa:**

“ I can talk to people better now “

Stephen Morell - Award winning life coach

**2015 School Facilitator Yippee Program**

**2015 President Wyong Neighbourhood Centre**

**2013 Mentor / life Coach Juvenile Justice**

**2013 Wesley mission Life coach Mentor**

**2013 Mission Australia New arrivals Mentor**

**2012 Barnardos Individual life coaching program**

**2010 Youth Insearch support group facilitator**

**2009 Nominated Australian of the year**

**2009 Central Coast Volunteer of the year**

**2009 Star FM - Local Hero Community Service**

**2008 NRMA Volunteer of the year**

**2008 Recognition Volunteering CRC Multicultural NSW**

**2002 Saint of Sydney - Channel 7**

**2001 Recognition international year of the volunteer**

**2001 Commendable Service Wesley Mission**

Further Information

Individual or Group Coaching

Short Term or Long Term Programs

Stephen Morell

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