



Central London chaperone and transport service, staffed by registered healthcare professionals, ensuring full compliance with anaesthetic and sedation discharge guidelines.

How Caring Cabs can help:

We provide a chaperone service comprising a registered healthcare professional and a trusted third-party taxi provider to:

- ✓ Meet post-procedure patients at your clinic
- ✓ Accompany them door-to-door, ensuring full compliance with sedation discharge guidance
- ✓ Reduce the administrative burden on your clinical team
- ✓ Support your clinic's documentation and audit trail for CQC inspections

Our service helps clinics fulfil their regulatory responsibilities by providing chaperones, licensed cabs, and registered healthcare professionals to ensure safe discharge for patients undergoing sedation or anaesthesia.



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An escort after discharge is a mandatory requirement under national guidance.

Ensuring this compliance helps your clinic pass inspections confidently.

Key Guidance from Clinical Authorities:

Royal College of Anaesthetists (RCoA, 2024)

"Patients undergoing procedures under general or regional anaesthesia must be discharged into the care of a responsible adult who can stay with them for the next 24 hours."

(Guidelines for the Provision of Regional Anaesthesia Services, 2024)

RCoA Patient Information – "Sedation Explained"

Patients must not go home alone and must be accompanied by a responsible adult, either by taxi or car. They should not make important decisions for 24 hours post-procedure.

Royal College of Emergency Medicine (RCEM) – Propofol Sedation Policy

Patients should be discharged only if accompanied by a responsible adult.

BJA Education – British Journal of Anaesthesia

Post-discharge instructions should be provided in the presence of a responsible adult. Patients must not travel alone or use public transport after sedation or anaesthesia.

CQC Compliance and Risk Management:

While CQC reports do not always name specific cases, inspections frequently raise concerns when discharge protocols are not robust.

Clinics that allow patients to leave without an escort are vulnerable to findings of non-compliance with:

Regulation 12 – Safe Care and Treatment

Regulation 13 – Safeguarding Service Users from Abuse and Improper Treatment

In the absence of a clear policy and service provision for escorts, the legal and reputational risks increase significantly. Anecdotal evidence from real patients also highlights the dangers, with some experiencing fainting, confusion, or vulnerability during transit when left alone.

**In addition to enhancing patient safety,
this service helps protect your clinic from
legal and regulatory risks.**



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