Infographic Design Information  
For requests to submit to DesignCrowd

|  |  |
| --- | --- |
| Study information | Answer |
| Study title | SPiRIT (Shoulder Pain: Randomised trial of Injectable Treatments) A randomised feasibility and pilot study of Autologous Protein Solution (APS) vs Corticosteroids for treating subacromial shoulder pain |
| Study acronym | SPIRIT |
| Headline | Testing New Injections for Shoulder Pain: A Pilot Study Comparing Biologic vs Steroid Treatments |
| Study summary | Shoulder pain is very common, usually caused by inflammation under the outside of the shoulder. Current treatments include steroid injections with physiotherapy or surgery, but both have concerns about safety and effectiveness. A new type of treatment, called a biologic injection, uses parts of a patient’s own blood to help tendons heal and reduce pain. This study will compare biologic injections with steroid injections in 50 patients who are already being treated for shoulder pain. The aim is to see if the trial process works well and whether patients and doctors are happy with it. If successful, a larger study will test whether biologic injections are better than steroids for shoulder pain, which could benefit many NHS patients. |
| Key messages/findings | Recruiting 50 participants across two centres |
| Eligibility criteria (if relevant) | Inclusion Criteria   * Participant is willing and able to give informed consent for participation in the study. * Male or Female, aged 18 years or above. * Clinician believes patient may benefit from Corticosteroid treatment   Exclusion Criteria   * Participants with a history of significant shoulder trauma (Fracture or Dislocation in last 5 years) * Previous shoulder surgery on the affected shoulder * Contraindications to APS therapy or CSI * A pre-existing neuro-degenerative and/or vascular condition that affects the function of the shoulder. * Received CSI/APS injection in 2 months prior to randomisation * The participant is unable to follow trial procedures * Patient does not have access to email/ smartphone directly or indirectly |
| Study details (if relevant) | Overall project timeline – 22 months  Recruitment – 7 months  Follow-up – 6 months  Recruiting Sites – 2 |
| Target audience | Adults (patients), over 18 years of age who have been triaged by a MSK-triage service with symptoms suggestive of subacromial pain syndrome and would be offered CorticoSteroid Injections (CSI) as part of their standard care |
| Contact information | spirit@ndorms.ox.ac.uk |
| Sponsor name | University of Oxford |
| Funder | National Institute for Health Research (NIHR) – Research for Patient Benefit (RfPB), supported by the NIHR Oxford Biomedical Research Centre |

|  |  |
| --- | --- |
| Design information/branding | Answer |
| What is the preferred colour scheme? | Blue & White |
| Style and design preferences |  |

NB the following logos will usually need to be included: trial logo, Oxford Trauma and Emergency Care, NDORMS (if applicable), NIHR (if NIHR-funded), University of Oxford (if applicable), Sponsor/NHS Trust (if applicable)