

# Norwegian Salmon Fillet

**READY TO COOK – PREPARED IN 5 MINUTES**

**BONE FREE**

**IN GRILL-SPICED MARINADE**

DARFRESH – in long-lasting fresh packaging

**CONTAINS NO PRESERVATIVES OR ARTIFICIAL ADDITIVES!**

**BONE FREE – CHILD-FRIENDLY PRODUCT**

Average Nutritional Values per 100g product

Energy: 1247 kJ / 298 kcal

Fat: 22.4 g (of which saturated: 3.02 g)

Carbohydrate: 1.2 g

Protein: 20.25 g

Salt: 0.06 g

Ingredients: Norwegian salmon fillet, spiced marinade (vegetable oil, spices (paprika, lemon peel, orange peel))

Country of origin: Norway, FAO27.

USAGE INSTRUCTIONS: After opening, place the product in a pan or on a grill rack, then fry each side of the fillet for 3–4 minutes without adding fat.

Produced in a facility that also processes crustaceans and molluscs!

The product may contain traces of bones.

**Manufacturer: The Fishmarket Ltd.**

2040 Budaörs, Törökbálinti utca 23.

A product of Budaörsi Halpiac  
[www.thefishmarket.hu](http://www.thefishmarket.hu)

RECIPES – 5 minutes – OMEGA3 – GRILL