



- ✓ ORGANIC
- ✓ NON-GMO
- ✓ RAW
- ✓ VEGAN
- ✓ PALEO
- ✓ GLUTEN-FREE

RAW ORGANIC COCONUT WRAPS

LOW CARB, GLUTEN-FREE ALTERNATIVE
TO BREAD, TORTILLAS & WRAPS



CONTAINS (PER WRAP):

70 CALORIES
ESSENTIAL ENERGY

4g NET CARBS*
PALEO DIET FRIENDLY

2g FIBER
HEALTHY DIGESTIVE SYSTEM

*Net Carbs = Total Carbohydrates minus Fiber.



7 ct. (14g) / NET WT. 3.5oz (98g)

Raw Organic Coconut Wraps

Our Coconut Wraps are a perfect match for anybody looking for a healthy, gluten-free, low-carb alternative to bread or tortillas. Delicious and convenient, they fit any lifestyle – vegan, vegetarian, paleo, or if you just want a super light and tasty wrap!

The mouth-watering flavor of coconut blends incredibly well with sweet and savory fillings alike. Fruity crêpes, spicy burritos, fresh veggie wraps, homemade sushi – be as creative as you want! Coconut Wraps are as versatile as your culinary imagination.

The Sunfood Difference™

Our raw, organic, vegan, paleo-friendly & non-GMO coconut wraps are made with the simplest of ingredients: nothing more than coconut meat, coconut water and unrefined virgin coconut oil. Free of added salt, synthetic flavors, and preservatives, these wraps can last ten months without the need for refrigeration or freezing.

Suggested Recipe

THE ULTIMATE VEGGIE WRAP

1/4 cup chopped organic kale
1/4 cup chopped organic cabbage
1/4 cup chopped organic lettuce
1 Tbsp Botija Olive Oil
1 sliced organic avocado
Handful diced organic sweet onions
Handful diced organic heirloom tomatoes
Handful finely chopped organic cucumber
Salt & Pepper to Taste



In a medium bowl, combine kale, cabbage, lettuce, onions and tomatoes. Drizzle olive oil over combination and sprinkle with salt & pepper. Lay avocado and cucumbers in the middle of a coconut wrap, add vegetable mixture, wrap up and enjoy!

View more recipes at sunfood.com/recipes



Nutrition Facts

Serving Size 1 wrap (14g)

Servings Per Container 7

Amount Per Serving

Calories 70

Calories from Fat 45

%Daily Value*

Total Fat 5g **8%**

Saturated Fat 4.5g **22%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Potassium 290mg **8%**

Total Carbohydrate 6g **2%**

Dietary Fiber 2g **8%**

Soluble Fiber 1g

Sugars 3g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values based on a 2,000 calorie diet.

Ingredients: *Raw Coconut Meat, *Raw Coconut Water, *Raw Unrefined Virgin Coconut Oil

*Certified Organic

Storage: Reseal bag and store at room temperature. Do not refrigerate or freeze.

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QUESTIONS OR COMMENTS? CALL 888-729-3663

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RAW



PALEO
FRIENDLY