# The Holistic Career Coaching Group

**Feeling Stuck? Ready to Take Charge of Your Career? Do you find yourself:**

* **Feeling lost and unsure about your next career move?**
* **Overwhelmed by the fear of making the wrong decision?**
* **Struggling with stress and uncertainty?**

**If you answered “yes” to any of these, the Holistic Career Coaching Group is here to support you. This group will help you to flow forward with confidence, clarity, and focus.**

In the Holistic Career Coaching Group you will:

* Gain clarity about your ideal career path.
* Follow a guided, step-by-step process to make meaningful progress toward your career goals.
* Receive ongoing support to effectively manage stress, fears, negative behaviours, such as procrastination, and uncertainty.
* Connect with like-minded individuals and build a supportive community.
* Develop a practical, results-driven career strategy to move forward with purpose.

Join the Holistic Career Coaching Group and take the first step toward a more fulfilling future!

**Proven Holistic Approach**

Originally created by Dr. Springall in 2007 for the FLP Program of the ETHZ Domain, this effective holistic approach has empowered hundreds of people to manage challenging career transitions successfully.

**Hybrid Coaching Group:**

* Three in-person, group sessions (3 hours each) in Zürich over 6 months
* Three online sessions group sessions (90 minutes each via Zoom) over 6 months
* Maximum number of participants: 12

**Dates & Times:**

* 14.06.2025 (Location TBA, Zürich City) | 9:00 – 12:00
* 04.07.2025 (Online via Zoom) | 11:45 – 13:15
* 23.08.2025 (Location TBA, Zürich City) | 9:00 – 12:00
* 12.09.2025 (Online via Zoom) | 11:45 – 13:15
* 11.10.2025 (Location TBA, Zürich City) | 9:00 – 12:00

**Fees & Special Offer**

**Standard fee: 2’700.00 plus MWST.**

**Limited-time offer: CHF 1'200 (plus MWST) for registrations until 30th April 2024.**

**Plus an exclusive discount: Receive 15% off an individual coaching package of six 90-minute sessions (optional).**

**How to Register**

Go to https://lifequest.ch/en/contact/ and send us a short message with your:

* Name
* Cell phone number
* Email address
* Physical address

**Registrations are processed on a first-come, first-served basis, so don’t wait to secure your spot!**

**Terms & Conditions**

1. Payment: All fees are due 7 days prior to the first session.
2. Participant Responsibility: Please ensure you can attend all sessions.
3. Missed or Cancelled Sessions:
   * Missed sessions are non-refundable.
   * One missed session can be replaced with a free 45-minute one-on-one coaching session.
4. **Withdrawal & Refund Policy:**
   * 4+ weeks before start: 100% refund
   * 2 weeks before start: 80% refund
   * 1 week before start: 30% refund
   * Less than 1 week before start: 20% refund
   * Full reimbursement for sessions not conducted if the coaching group were to be cancelled.