Package Text layout

#### **Product Front (Principal Display Panel)**

**Product Name**: One 1 All   
**Statement of Identity**: Multivitamin / Multinutrient - 100% Halal Supplement  
**Adults**

**Net Quantity**: 30 Soft-Gel Caps

#### **Side Panel**

#### **Formulated to Support**

Energy and Strength

Immune Health

Skin and Hair Health

Heart Health

No artificial sweeteners

No artificial flavors

Non-GMO

Gluten free

100% Halal Gelatin

#### **Supplement Facts Panel (Back Panel)**

**SUGGESTED USE: Adults – Take One Cap a day with food.**

**Supplement Facts**  
Serving Size: 1 Cap

|  |  |  |
| --- | --- | --- |
| **Nutrients** | **Amount Per Serving** | **\*%Daily Value** |
| **Vitamins** |  |  |
| Vitamin A | 500 IU (150 mcg RAE) | 17% |
| Vitamin D | 400 IU (10 mcg) | 50% |
| Vitamin E | 15 IU (10 mg) | 67% |
| Vitamin B1 | 12 mg | 1,000% |
| Vitamin B2 | 5 mg | 385% |
| Vitamin B6 | 5 mg | 294% |
| Vitamin B12 | 15 mcg | 625% |
| Biotin | 0.06 mg (60 mcg) | 200% |
| Nicotinamide | 25 mg | 156% |
| Vitamin C | 30 mg | 33% |
| Folic Acid | 0.8 mg (800 mcg DFE) | 200% |
| **Minerals** |  |  |
| Copper | 0.1 mg | 11% |
| Manganese | 0.33 mg | 14% |
| Magnesium | 2 mg | 0% |
| Iron | 5 mg | 28% |
| Zinc | 0.9 mg | 8% |
| Calcium | 40 mg | 3% |
| Phosphorus | 22 mg | 2% |
| Potassium | 5 mg | 0% |
| Iodine | 0.05 mg (50 mcg) | 33% |
| **Other Ingredients** |  |  |
| Ginseng (IDB) | 50 mg | \*\* |
| Lecithin | 50 mg | \*\* |
| Inositol | 7.5 mg | \*\* |
| Lysine | 0.3 mg | \*\* |

\*Percent Daily Values are based on a 2,000-calorie diet.

\*\* Daily Value (DV) not established

#### **Ingredients**

* **Active Ingredients**:
* **Other Ingredients**:

#### **Warnings**

* If you are pregnant, nursing, or taking medications, consult your healthcare provider before use.
* Keep out of reach of children.
* Do not exceed the recommended dosage.
* Store in a cool, dry place.

#### **Manufacturer/Distributor Information**

Manufactured for: **Good Health Pharmaceuticals LLC (Halal Medz)**  
P.O.Box , Princeton NJ, 08628, USA  
Questions? Comments Call or Text **1-800-123-4567**