

Meet our Psychologists

Dr Julee La Mott

Clinical Director/ Clinical Psychologist

- Children | Adolescents | Adults | Gottman
- ADHD | Autism | LGBTQI+ | Eating Disorders
- Grief | Trauma | Anxiety | Depression
- Assessments | Board Approved Supervisor

Dr Petra Becker

Counselling Psychologist

- Adolescents | Adults | Families | Couples
- Grief | Trauma | Bereavement | LGBTQI
- ADHD | Autism | Assessments: Adult ASD

Karen Osborne

Clinical & Organisational Psychologist

- Adults | Adolescents | Mediation
- VOC Reporting | Eating Disorders | Trauma
- Depression | Grief | Anxiety | ADHD | Autism

Lidia Tagliabue

Registered Psychologist

- Children | Adolescents | Adults
- Anxiety | Depression | Trauma | LGBTQI
- ADHD | Autism | Assessments: Autism

Dr Ann Parker
Registered Psychologist

- Assessments

Isabella Zannettino
Registered Psychologist

- Assessments

Adrianna Munayco Wynman
Registered Psychologist

- Assessments

Sophie Loxton
Provisional Psychologist

- Assessments

Amy Chandler
Provisional Psychologist

- Assessments

About Us:

We are committed to the highest levels of therapeutic support for our clientele. Our clinicians focus on more than just the challenges you face. They will guide you in creating a recovery and wellness solution, working to help you build the best path forward.

Located in Henley Beach, our aim is to offer a warm and inviting atmosphere both in and out of our practice, allowing patients peace, safety and security as they engage support.

Our talented team of professionals assist individuals, couples, and families. Our practice is staffed to support adults, adolescents and children.

We support the following:

- Mental Health Care Plans
- Eating Disorder Plans
- Private Health Funds
- Police Health
- DVA (Gold or White Card)
- NDIS
- Standard (No plan necessary)

For additional information and resources, visit:

www.sapsychologyandwellness.com.au



SA Psychology & Wellness
Assessment Services

208 Military Road
Henley Beach, SA 5022

2/63 Cudmore Terrace
Henley Beach, SA 5022

PHONE: (08) 7081 1477

FAX: (08) 6002 2455

EMAIL:

reception@sapsychologyandwellness.com.au

Assessment Services:

When may an assessment be necessary? What are the benefits of getting an assessment?

Educational: If you or a child / adolescent is struggling with learning. Challenges may pertain to:

- Reading comprehension and/or fluency
- Transcribing number and/or letters
- Math fluency, Memorising basic math concepts
- Fatigue when engaging in specific learning tasks
- Avoidance of school and/or school work
- Difficulty following multi-step processes
- Assessments assist with identifying specific learning disorders and can guide the development of individualised learning plans (ILP) at school

ADHD: If you or a child/ adolescent struggle with:

- Sustained attention/concentration
- Emotion regulation, behavioural concerns
- Impulsivity and/or hyperactivity (hyperactivity may present as racing thoughts or overthinking)
- Organisation, Procrastination, Task completion,
- Memory, Hyperfixating on enjoyable tasks
- Sensory Sensitivities, Rejection Sensitivity
- ADHD assessments can provide context for behaviours and experiences and offer recommendations for managing these symptoms more effectively.

Autism: If you or a child/ adolescent experience:

- Rigid thinking, Cognitive inflexibility
- Communication challenges, Emotion regulation
- Social difficulties/differences, Sensory sensitivities
- Restricted or repetitive behaviours
- Autism assessments can assist with diagnostic clarification and provide recommendations for appropriate support services, school accommodations, and behaviour management.

Assessment Services:

What does an assessment include?

- Clinical Intake
- Testing Session (2-4 hours)
- Feedback Session (as applicable)
- Comprehensive Report with Diagnosis, Scoring, and Recommendations

Types of Assessments

■ Educational Assessments

- Learning Disabilities
 - Reading, Writing, Mathematics
- Processing Speed Disorders
- Auditory Processing Disorders
- Cognitive Abilities

■ Gifted Assessments

- Advanced Placement at School
- IQ Testing

■ Intellectual Disability

- Cognitive Functioning
- Adaptive Functioning

■ ADHD Assessments

- Children
- Adolescents
- Adults

■ Autism Assessments

- Children, Adolescents, and Adults
- Reports to support NDIS funding
- Dual Assessments

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Assessment Services:

How much does an assessment cost? Does Medicare cover assessments?

- Assessment costs vary depending on the type of assessment. Current pricing is available on our website or you can call our office.
- Medicare does not offer rebates for most assessments. There is a rebate available for Autism assessments for individuals aged 24 years and under.
- Your private health fund may offer a rebate depending on your coverage and service provider. Contact your private health provider for the specifics of your coverage.

Do I need a referral for an assessment?

- If you are seeking an educational, gifted, ADHD or intellectual disability assessment, you do not need a referral as Medicare rebates are not available.
- If you are seeking an Autism assessment for an individual aged 24 or younger, you can get a referral from a Paediatrician or Psychiatrist to access a Medicare rebate.

How do I determine what type of assessment is necessary?

- If you are uncertain if an assessment is warranted or which assessment is the right one, we offer brief intake sessions prior to booking an assessment. The intake psychologist will explore areas of concerns and offer guidance as to which type of assessment is most relevant.

What are the wait times for an assessment?

- SAP&W has recently expanded its assessment division. We are currently able to offer assessments with shorter wait times than usual. Generally, we have availability within 6-12 weeks.

For more information, scan the QR code or call us on 08 7081 1477

