**Title:** The Silent Coach

**Subtitle:** Using Your Divine Silence to Create a Legacy

Meet *The Silent Coach* and discover theunseen intersection between personal growth and spiritual development. Divine silence, the messenger of the soul, is your unquestionable direct connection with the universe itself. You will discover new levels of personal growth and gain a roadmap to guide your journey to a richer spiritual connection and completion.

This book is for coaches, entrepreneurs, game-changers, and those seeking to advance their personal and spiritual development as a guide for combining renowned personal growth tools and advanced development techniques. Readers will learn how divine silence appears in your life, and what happens to allow the higher self to unfold and expand.

From basic core principles to proven scientific insights, *The Silent Coach* will guide you to:

* Reassess your identity and stay focused in a growth mindset
* Test more than 20 proven techniques for your physical, mental, emotional, and spiritual development
* Experience self-encouragement regardless of action pursued
* Apply three ready-to-deliver self-audits
* Come ready and inspired to facilitate workshop ideas explained herein
* Exercise your silent coach daily for inner connection and guidance

Loreta Pivoriunaite is a resilience coach and host at the Mastermind Lab featured on *Nordic Business Report, Thrive Global, Life* *Hack,* and the *Body Mind Soul Magazine.* With a decade of experience in public and private organizations within NGO management, fintech and education industries, she has designed and delivered numerous training solutions to facilitate employee growth. Loreta’s programs and training seminars have led to distinguished results for self-leadership and management, and are offered internationally in the Nordics, India, Sri Lanka, Germany, Serbia, Croatia, West Bank, UK, and Malaysia.

We live in a time when personal development seminars, self-help books, and retreats are available and open to anyone who is ready to advance to the next stage in their development. We seek to heal past traumas, thrive in healthy relationships and build enhanced careers. *The Silent* *Coach* will teach you the art and practice of divine silence to connect and unleash your higher self.

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