

**Hair Effects™** is a synergistic formula that contains well-recognized and scientifically researched nutrients to support the repair of damaged hair follicles and the health and growth of hair.\*

Color of this product may vary due to color variations of the natural ingredients.

**Warning:** If pregnant, nursing, or planning to become pregnant do not take this product.

**Keep out of reach of children. Store in a cool, dry place.**

DIM® is a Registered trademark of, and is licensed from, BioResponse, LLC, Boulder CO.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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## HAIR EFFECTS™

A DIETARY SUPPLEMENT TO  
SUPPORT HAIR HEALTH AND  
GROWTH\*

FOR MEN & WOMEN

VEGETARIAN / GLUTEN FREE

90 CAPSULES

**Suggested Use:** As a dietary supplement, take 3 capsules daily with food. The daily amount can be divided between AM and PM, or as directed by your healthcare practitioner.

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
Biotin 600 mcg	2000%
Zinc (as Zinc Picolinate) 15 mg	136%
Copper (as Copper Sulfate) 3 mg	333%

DL-Methionine 500 mg	*
Saw Palmetto ( <i>Serenoa repens</i> )	*
Berry Extract 360 mg	*
yielding plant sterols (free fatty acids) 162 mg	*
Methylsulfonylmethane (MSM) 200 mg	*
L-Cysteine (Enteric Coated) 200 mg	*
Grape Seed Extract 200 mg	*
yielding proanthocyanidins 190 mg	*
Horsetail Rush ( <i>Equisetum arvense</i> )	*
Herb Extract 100 mg	*
<i>Pygeum africanum</i> Bark Extract 75 mg	*
yielding plant sterols 1.87 mg	*
Beta Sitosterol Whole Powder Complex 75 mg	*
Gamma Linolenic Acid (GLA) Powder 50 mg	*
Stinging Nettle ( <i>Urtica dioica</i> ) Root Extract 50 mg	*
DIM® 50 mg	*
(a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.)	*
Green Tea Extract 50 mg	*
yielding EGCG (Epigallo-catechin-3-gallate) 15 mg	*

\*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

**Contains: Soy.**

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EDITABLE AREA

DO NOT EDIT AREA

2.625 x 6.875