Testimonials

Do not hesitate, just book it! It will transform and enhance your life.

If you have a chance to do it then do it, it’s one of the best experience of my life.

The most wonderful weekend of self-discovery and would recommend it to everyone.

I’ve met the most amazing people and feel like I am well equipped with the tools now to help myself physically and mentally. The best self-care I’ve ever invested in.

It’s changed my life, given me perspective and time to develop myself. I’ve met the most amazing people and learnt so much. It’s worth every penny.

I can’t thank Glass Phoenix enough for the tools they have metaphorically equipped me with. They are amazing at what they do.