

WANT IMPROVED ACADEMIC RESULTS AND WELLBEING?

*Physical
activity builds
the brain so that
teachers can fill
the brain*

Claim your
FREE 20 TOP TIPS
to get your school
more active at
www.sportsforschools.org/get-active/

“ *All teachers should
know about this!* ”

“ *Every teacher has
already made changes so it
has had an immediate
impact.* ”

There's a HUGE amount of evidence that proves how physical fitness links to academic success.

Our Get Active programme:

- Is a customisable programme of 2 of 3 workshops
- Is run by an Olympic Athlete
- Helps your WHOLE SCHOOL understand how small changes have a BIG impact
- Gets the staff, children AND parents on board to make sure your school can Get Active! Because...

FITTER KIDS DO BETTER AT SCHOOL

Want more information? Call the team on 01223 792200
and find out how a GB athlete can help your school!