



# RENEWED FREEDOM CENTER

For Rapid Anxiety Relief



## We Are Here to Help!

Evidence-Based Cognitive-Behavioral Therapy (CBT)

Individually Tailored Treatment Plans

Individual, Group, & Family Systems Approach

Weekly & Accelerated Programs

Intensive Outpatient Program

Relapse Prevention Program



## We Provide Individually Tailored Treatment Plans For The Following Conditions:

OCD OC Spectrum Disorders

Separation Anxiety Disorder Panic Attacks

Social, Performance, & Sports Anxiety

Medical, Dental, & Specific Phobias

Stress & General Anxiety

Body Dysmorphic Disorder

Trichotillomania Compulsive Hoarding

Eating Disorders Pre/Postnatal Stress

*"A multidisciplinary team of experts providing state-of-the-art Family Systems-Based Strategic Cognitive Behavior Therapy to help sufferers experience immediate relief."*

**Jenny C. Yip, Psy.D., ABPP, Executive Director, PSY22024**

**[www.RenewedFreedomCenter.com](http://www.RenewedFreedomCenter.com)**

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