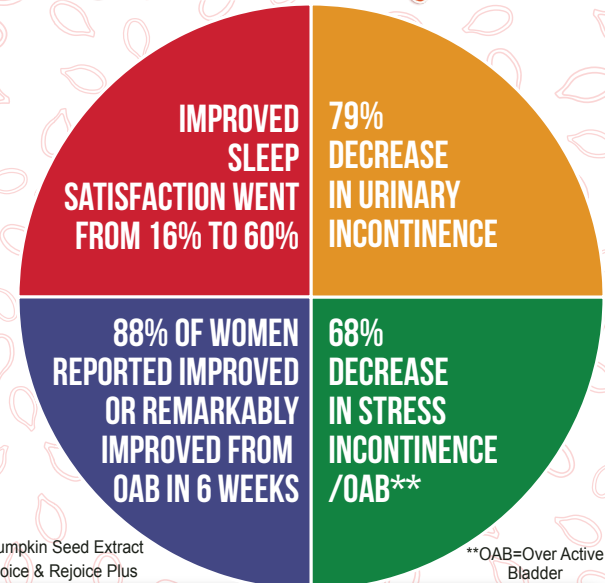
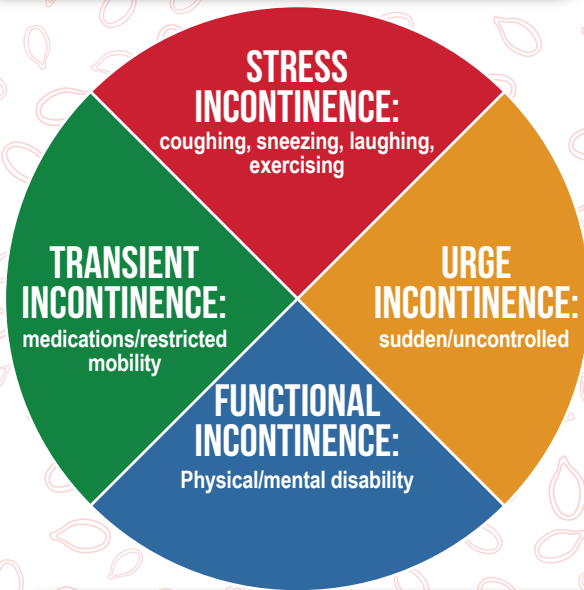


## TYPES OF URINARY INCONTINENCE

## TYPICAL COSTS TO TREAT INCONTINENCE



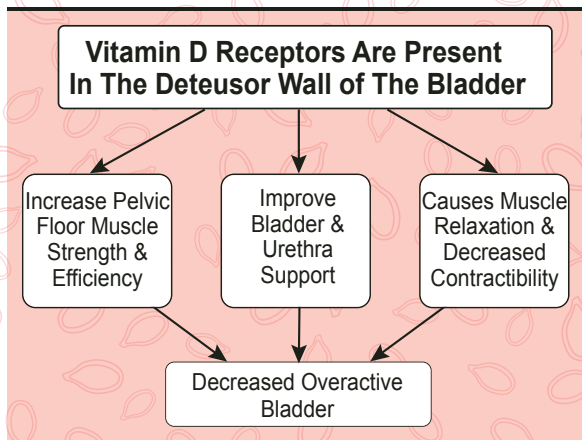
\*HyperPure Pumpkin Seed Extract is used in Rejoice & Rejoice Plus

\*\*OAB=Over Active Bladder

## 5 TARGETED ACTIONS TO MAXIMIZE BLADDER CONTROL - ADDITIVE EFFECTS

### STRENGTHENING OF PELVIC FLOOR MUSCLES

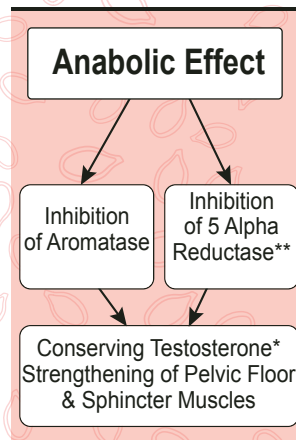
#### VITAMIN D3



Vitamin D status in women with pelvic floor disorder symptoms (May 29, 2013, HHS Publication)  
Vitamin D status, a clinical review with implications for the pelvic floor (June 24, 2013, HHS Publication)

### HORMONAL EFFECT

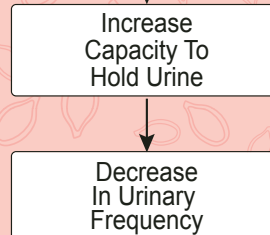
#### PUMPKIN SEED EXTRACT



\*Testosterone is an anabolic hormone which helps build muscle including the pelvic muscle that supports bladder control.  
\*\*Decrease dihydrotestosterone which can cause enlargement of prostate.

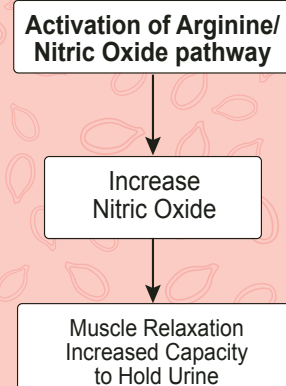
### DIRECT EFFECT ON MUSCLES

#### Relaxes Muscles of the Bladder Wall



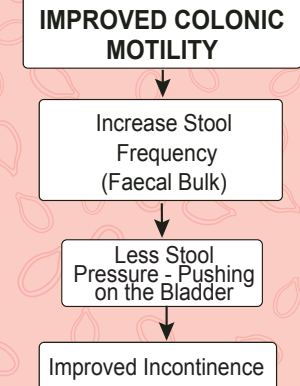
### INCREASE NITRIC OXIDE

#### L-CITRULLINE & L-ARGININE



### DECREASES CONSTIPATION

#### PREBIOTIC INULIN



ND Labs Inc.  
www.ndlabs.com  
Phone: 516-612-4900

## LIFESTYLE & DIETARY ADJUSTMENT ARE THE MAINSTAY OF TREATMENT

## PROMOTES MAXIMUM BLADDER PROTECTION



**Stay Dry  
Day & Night**

**24 hr  
Protection**  
for men & women



**PROMOTES MAXIMUM  
BLADDER PROTECTION**

**PREVENTS OCCASIONAL  
BLADDER LEAKAGE**

**Peach Mango Flavor**

THE ONLY OTC  
LIQUID  
FORMULATION  
FOR OAB

ONCE  
DAILY  
DOSING

**REJOICE®  
PREVENTS  
OCCASIONAL  
BLADDER  
LEAKAGE**



**REJOICE PLUS®  
PROMOTES  
MAXIMUM  
BLADDER  
PROTECTION**

## DOSING GUIDELINES

**Initial Dose**  
For the first  
two weeks, take  
45ml (3 Tbsp) daily

**Maintenance Dose**  
After the initial  
two weeks, take  
30ml (2 Tbsp) daily

**Shake Well**

## RECOMMENDED USAGE

- Prevents Occasional Bladder Leakage
- Promotes 24-Hour Maximum Bladder Control
- Helps Reduce Urinary Urgency
- Promotes Healthy Bladder Function
- Supports Restful Sleep & More Productive Days
- Helps Prevent Spontaneous Unplanned Urination Caused By Laughing, Sneezing, Coughing & Exercise

## SETTING REALISTIC GOALS

- ✓ Decreased # Of Incontinent Episodes
- ✓ Decreased Level Of Urgency/Leakage
- ✓ Decreased Urinary Leakage
- ✓ Increased Restful Sleep

Behavioral Interventions  
Habit Retraining & Timed Voiding

Physical Therapy  
Exercise  
Constipation TX  
Dietary Changes



Weight Loss  
& Fluid  
Adjustment

Rx Medications  
Cause ↑ Anticholinergic  
Effects with Cognitive  
Changes (ACB)



Dry Mouth,  
Confusion,  
Dizziness, Increased  
Blood Pressure

Botox

Nerve  
Stimulation

Surgery

## IMPROVED INCONTINENCE

Decrease Dehydration	More Accurate Lab Results
Decrease Sleeping & Anti-Anxiety Meds	Improved Social Behavior
Fewer Nighttime Trips To The Bathroom	Decreased Falls & Fractures
Decrease RX Meds (Decrease Side Effects)	Dry mouth, Constipation, Confusion, Dizziness, BP
Decrease In Pressure Ulcers & UTIs	Increased Healing Time, Decreased UTIs
Decrease Linen/Chucks Diapers/Laundry/Gloves	Decreased Money Spent



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