



**Supreme  
Fertility™**

Helping you conceive

# FERTILITY PACK

## **FOLATE**

Active folate with myo-inositol:  
essential micronutrients for  
healthy cell functioning.

## **MULTIVITAMIN**

Multivitamin, mineral, amino acid  
and antioxidant support for  
maintenance of good health.

## **ESSENTIAL SUPPORT**

Advanced antioxidant support  
with added amino acids for  
cellular protection.

## **FOLATE**

### **RECOMMENDED DOSE**

Adult: 5mg-10mg Folate has only a few benefits for  
fertility. It is recommended to take  
supplements containing 5mg-10mg Folate  
to prevent birth defects in your children.

## **MULTIVITAMIN**

### **RECOMMENDED DOSE**

Adult: 10mg-20mg Multivitamin has only a few benefits  
for fertility. It is recommended to take  
supplements containing 10mg-20mg  
Multivitamin to prevent birth defects.

## **ESSENTIAL SUPPORT**

### **RECOMMENDED DOSE**

Adult: 10mg-20mg Essential Support has only a few benefits  
for fertility. It is recommended to take  
supplements containing 10mg-20mg  
Essential Support to prevent birth defects.

